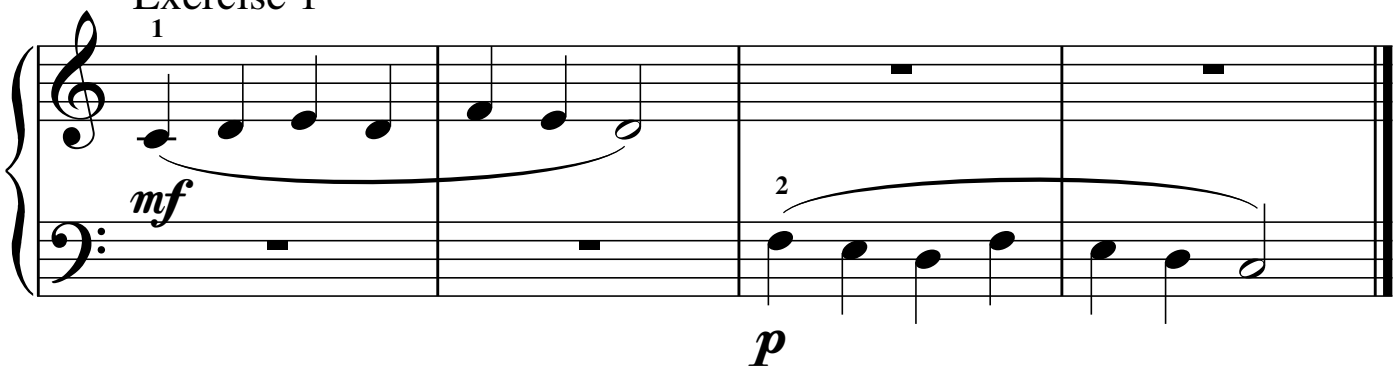
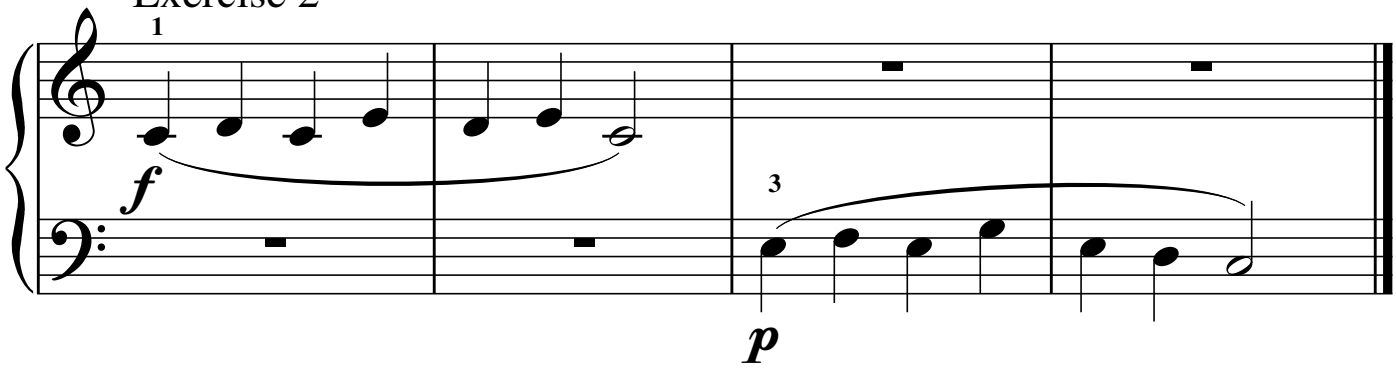
Paul Cook

Exercises for Beginners

Exercise 1



Exercise 2



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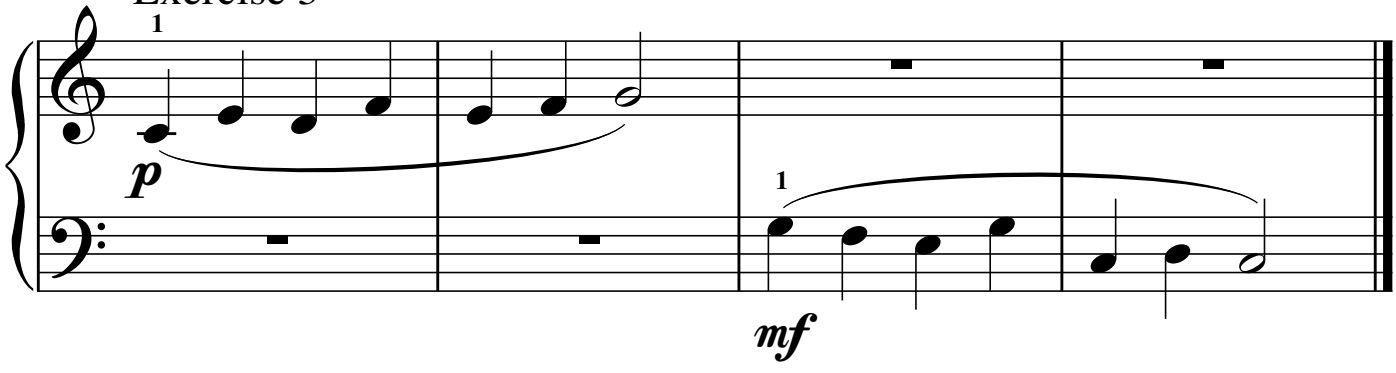

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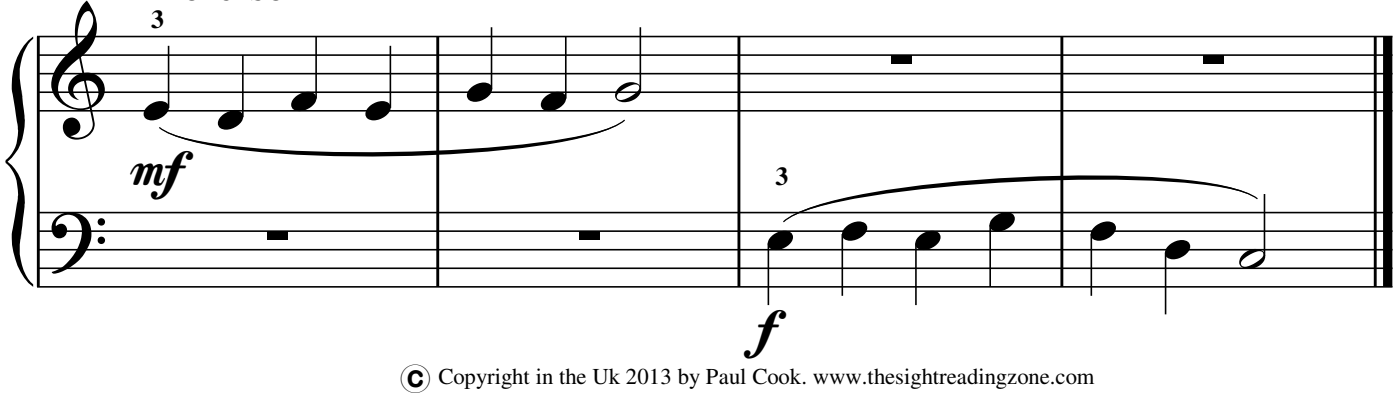

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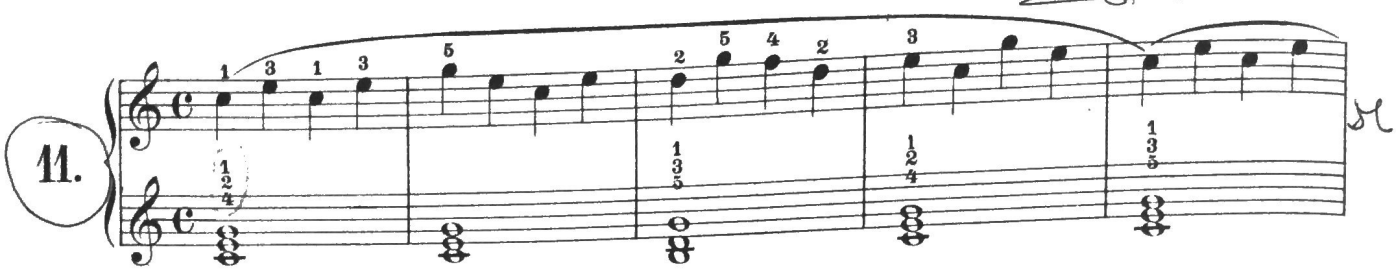
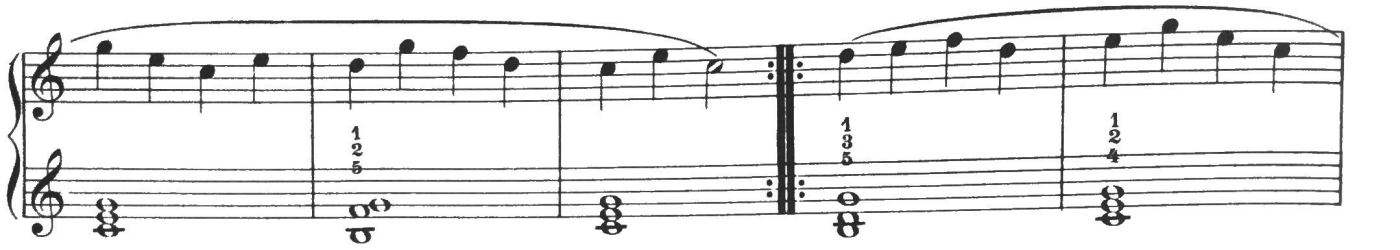
Übungen für die 5 Finger mit ruhig-stillstehender Hand

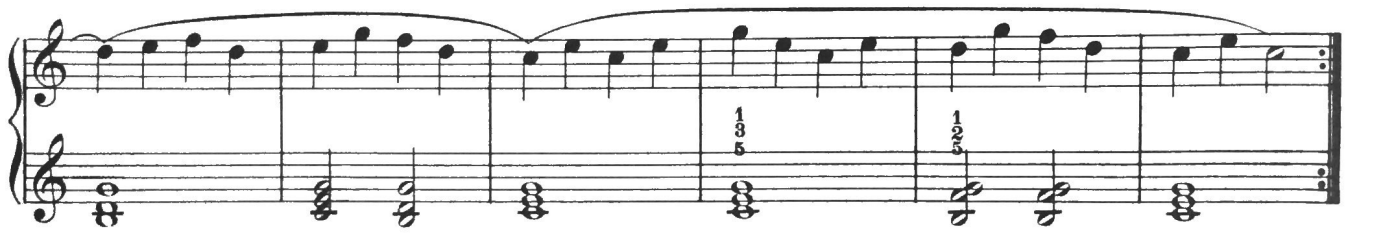
Exercices pour les 5 doigts, les mains tranquilles — Exercises for the 5 fingers with quiet hand

Devoga !

11.







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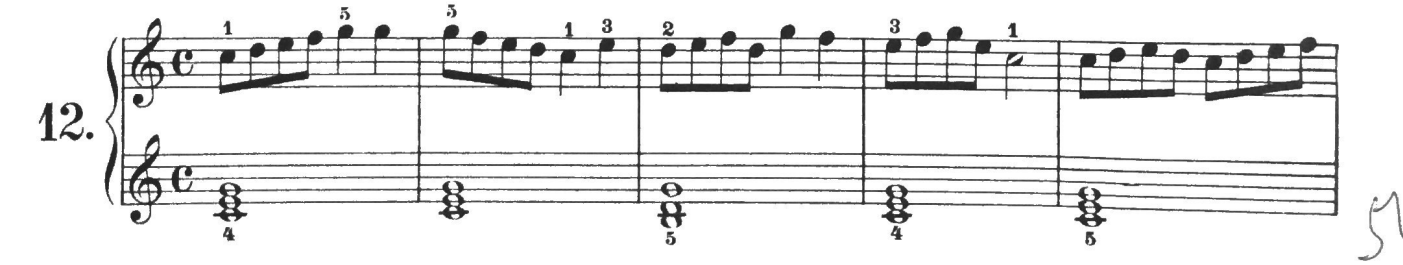

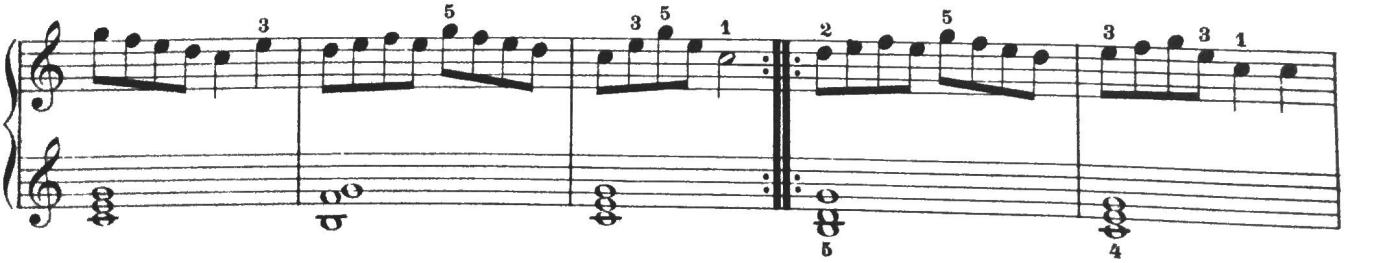

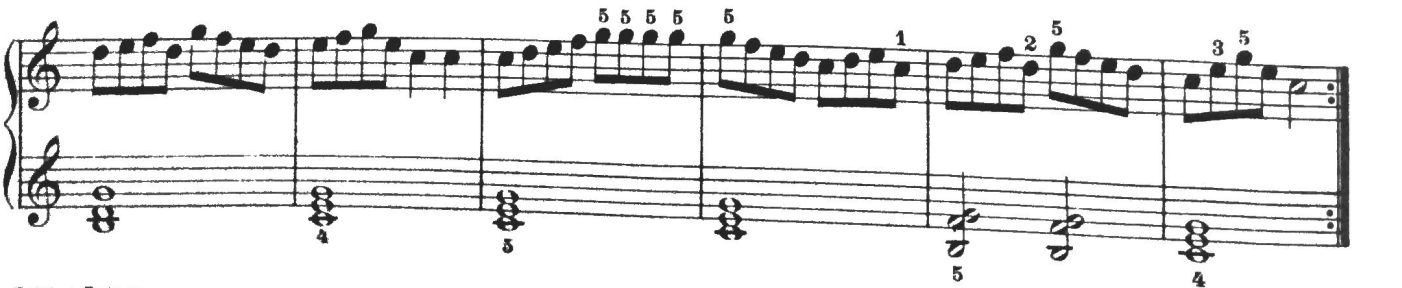

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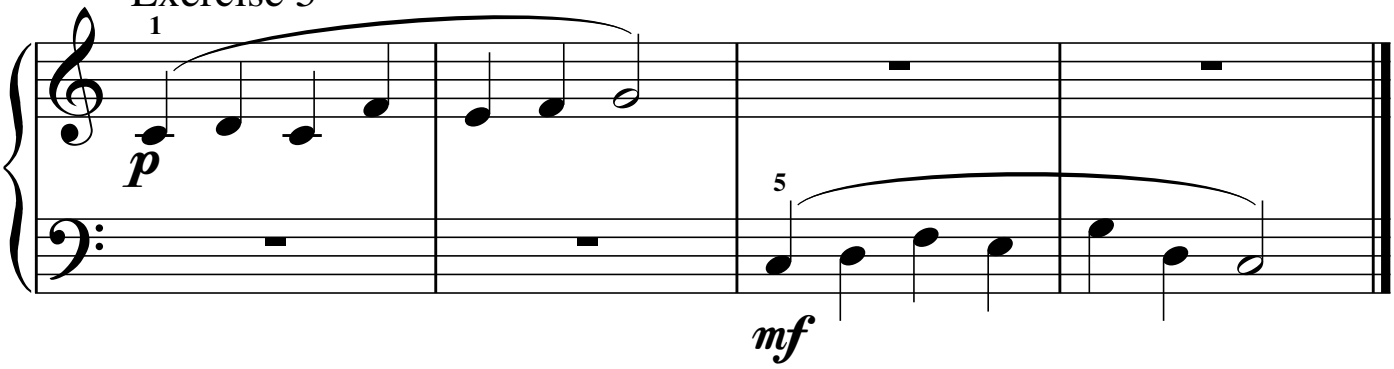

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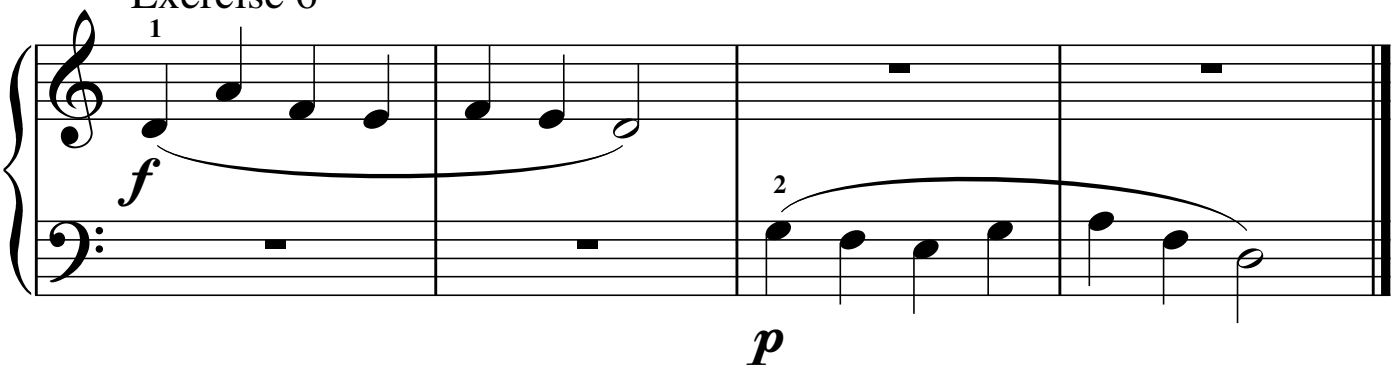

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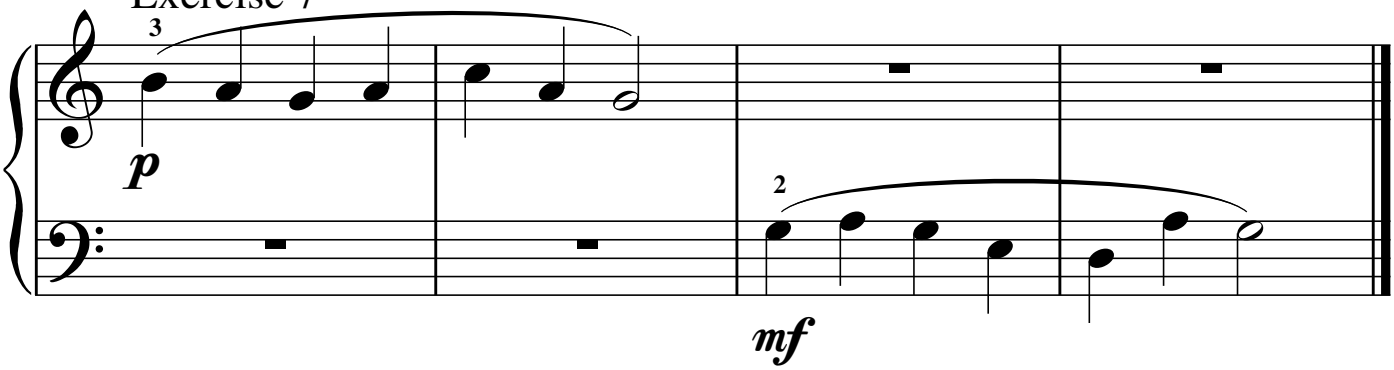

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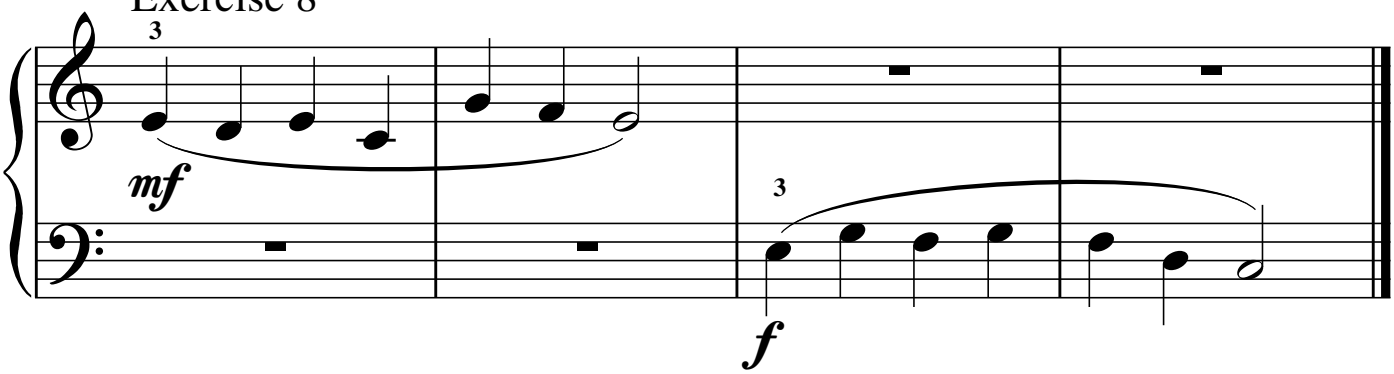

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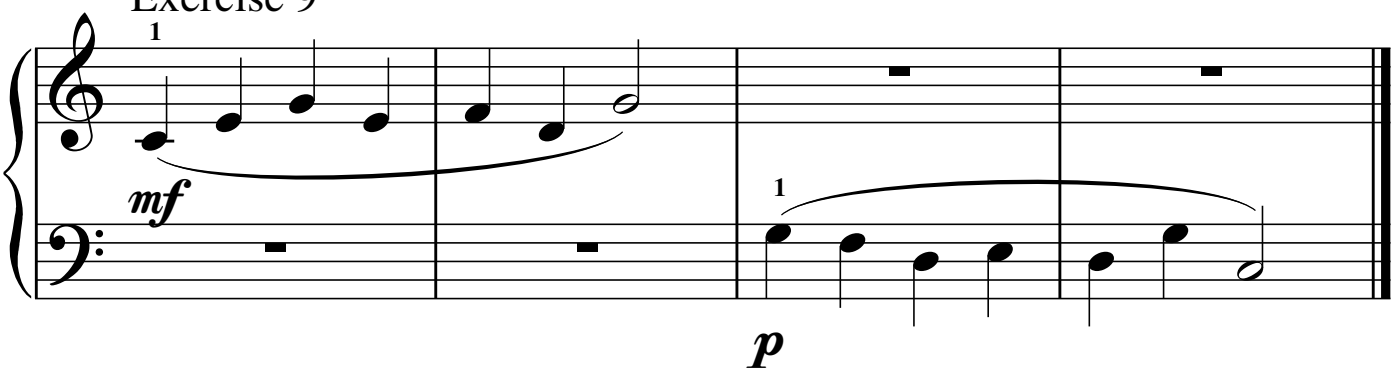

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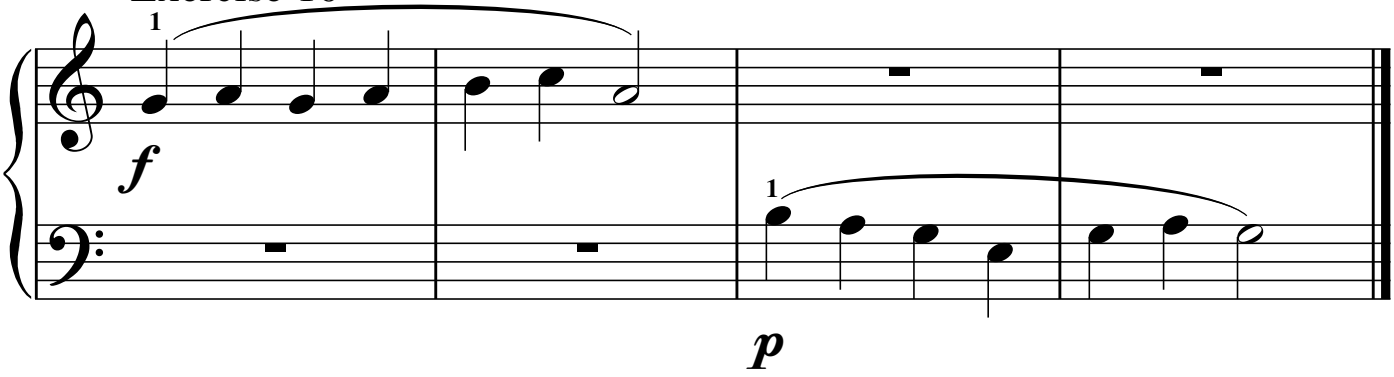

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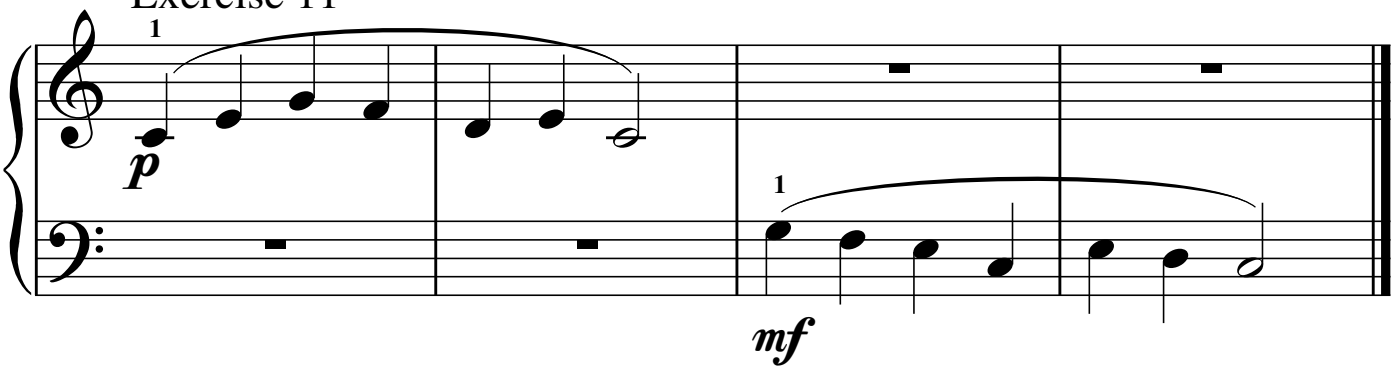

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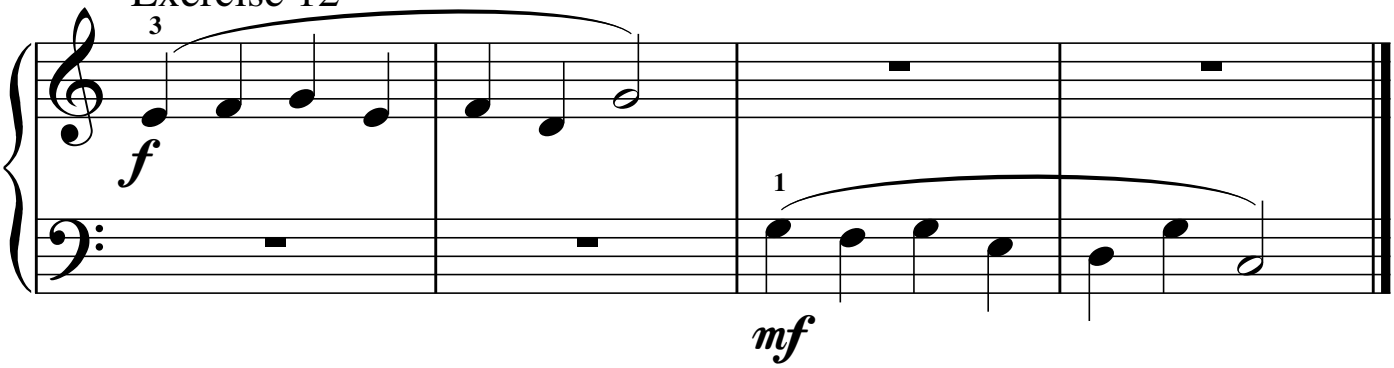

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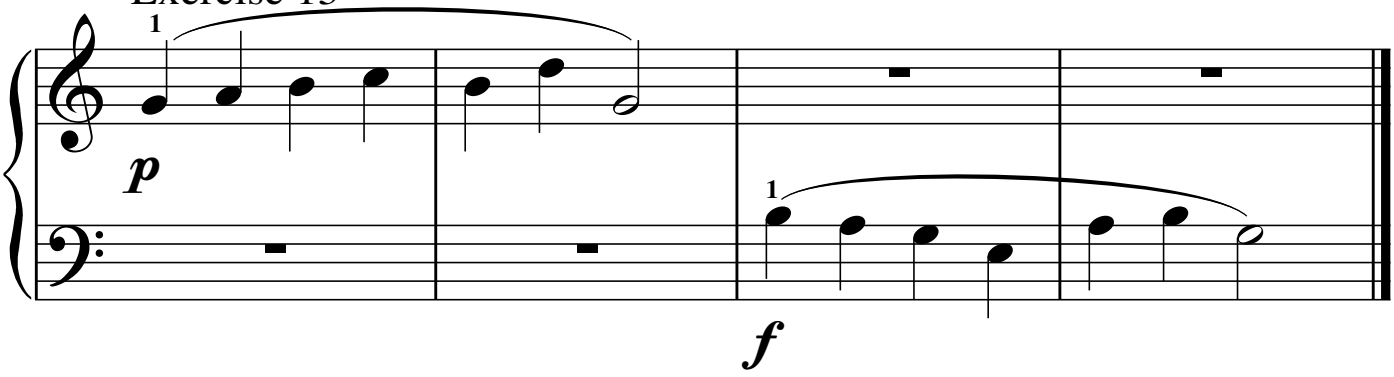

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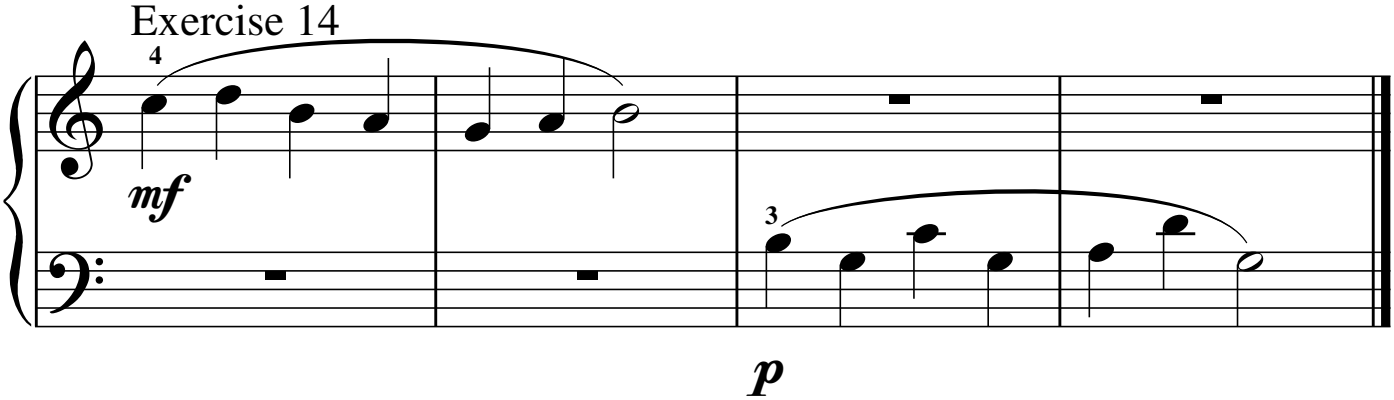

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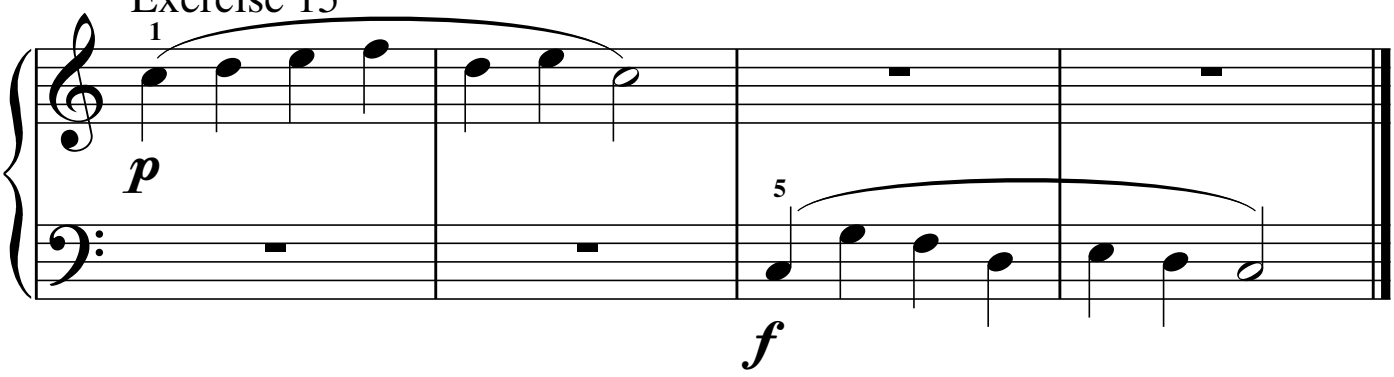

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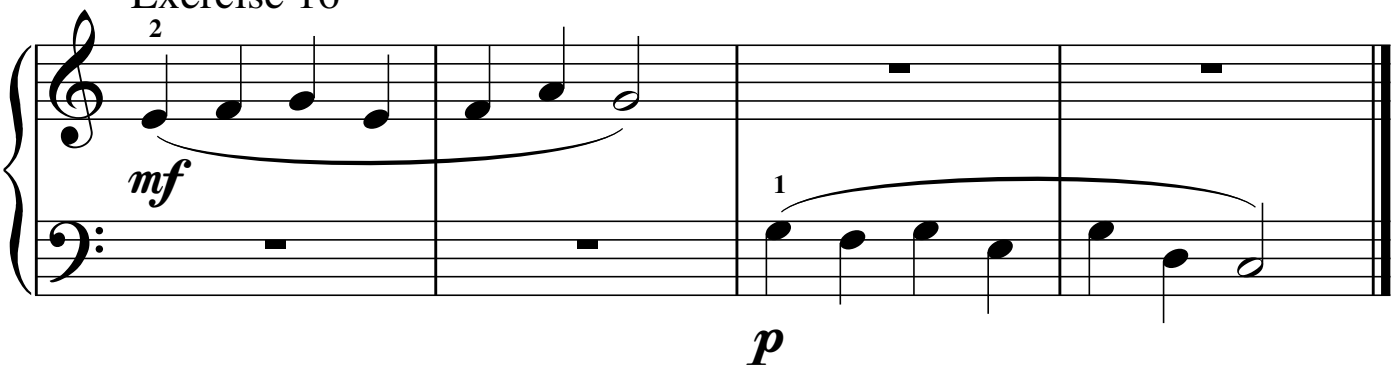

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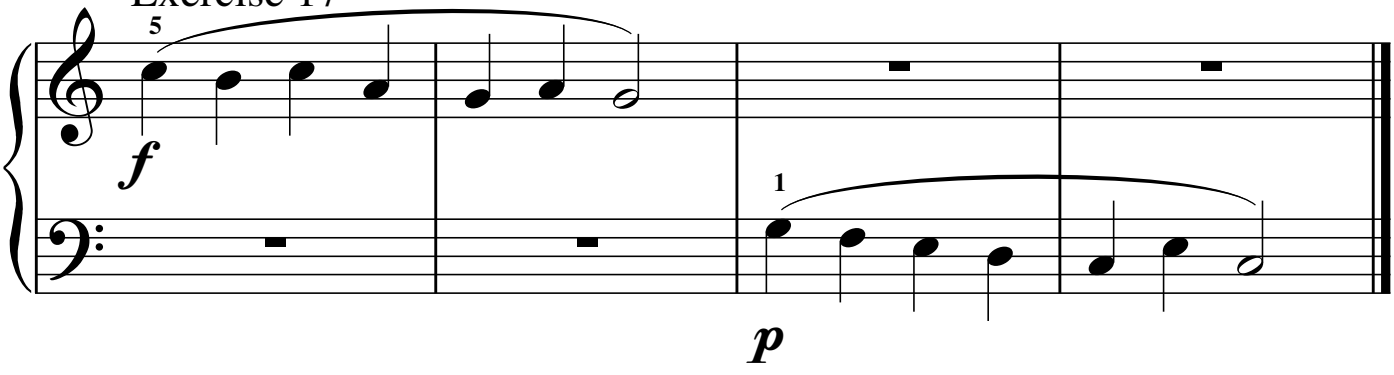

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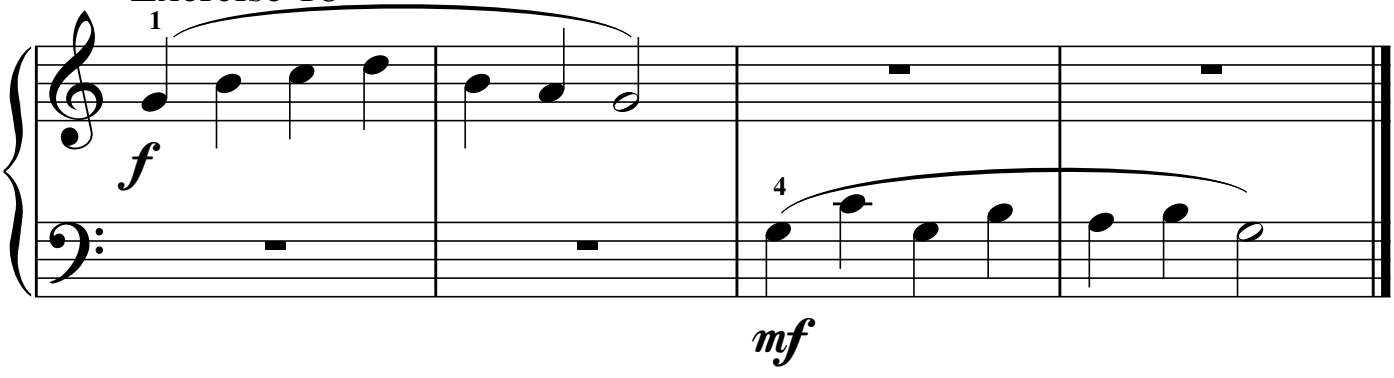
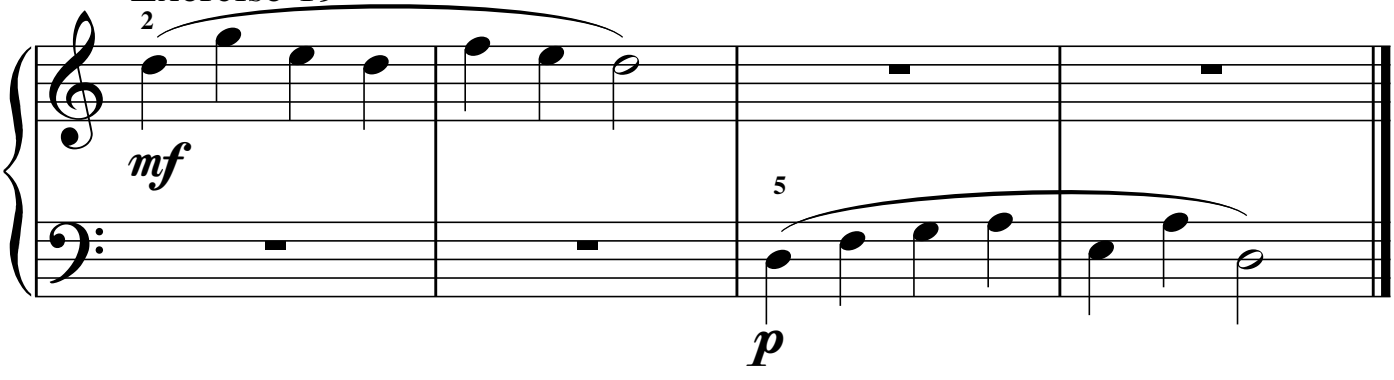
Exercise 19